

PA WOMEN WORK

Spring News Flash



Thought Leadership Blog



Thinking about mentorship? Learn about its benefits in this issue's [Thought Leadership Blog](#) written by Maple Chen, Business Strategy Manager at American Eagle Outfitters.

Save the date: Working 9-to-5 Bingo!

100 Hearts, 1 Life-Changing Mission!



Last year, the generosity of our Coffee Club members helped make 177 mentorships possible and 177 futures brighter. Join The Coffee Club and help increase our impact in 2024!

"I am proud to be one of the founding members of the Coffee Club. For me, it was an easy choice to join, knowing that I could make a small monthly donation that would make a big impact on other women in my community," said Nicole King-Yohe, member of The Coffee Club and PA Women Work Board Chair.

Nearly 85% of program graduates find a job within six months of graduating from the 3 Cups of Coffee program. By giving just \$5, \$10, or \$25 a month, you will help provide a job-seeking woman with access to a career mentor and new professional opportunities.

[Join the club and start making an impact today.](#) During the month of March, if our monthly giving community hits 100 individual supporters, a generous ally of our mission will provide an additional \$5,000. With 80 current members, we only need 20 more individuals to join our



We are excited to announce the date for PA Women Work's second annual Working 9-to-5 Bingo! Join us on May 9 from 7-9:30 p.m. at the Grand Hall at The Priory and honor the trailblazing women of the 1970s who started the work we continue today. Mark your calendars for this much anticipated 1970s-themed Bingo, including drinks, appetizers, music, and of course, PRIZES. Tickets go on sale on March 28!

Pittsburgh International Airport Tour



On February 29, PA Women Work staff had the exciting opportunity to tour the new terminal of the Pittsburgh International Airport. PA Women Work is excited that this project will increase workforce demand, but also enhance transportation services and foster further growth for our regional industries and businesses.

Power Up Connections

giving community!

Grow Professionally



Empowerment in the Workplace is a new PA Women Work program designed to give professional women tools to overcome workplace challenges and maximize their workplace impact.

"We are excited to expand our offerings into the area of helping women advance in their careers," said Liz Gryger, the Associate Director of Programs at PA Women Work. "This program creates a space where women can learn practical tips and share their successes and challenges with each other."

Empowerment in the Workplace is a full day of interactive classroom time that includes topics such as executive presence, overcoming imposter syndrome, negotiation, and finding your voice, plus a virtual panel discussion with women leaders in our region.

"The class curriculum was EXCELLENT," said a recent Empowerment in the Workplace participant. "I appreciated the practical tips that I can use immediately."

Join us at our next [Empowerment in the Workplace](#) session on June 8 to build your confidence and grow as a leader!

Thank you to our funders for making this program possible: Ameriprise Financial | Richard King Mellon Foundation | Robert S. & Louise S. Kahn Foundation.

Thanks for joining us!

3 Cups of Coffee Meet & Mingle Breakfast



With over 30 employer partners and PA Women Work participants, attendees joined us for casual conversations over coffee, participated in speed networking, took professional headshots, and made critical connections to support their professional growth.

Thank you to our employer partners, who helped make this event a success for job-seekers: Community LIFE, Independent Electrical Contractors of Pennsylvania, YWCA Greater Pittsburgh, Bidwell Training Center, New Century Careers, City of Pittsburgh, Auberle Employment Institute, FedEx Ground, FedEx Express, University of Pittsburgh Dietrich School of Arts and Sciences, Wesco, Aramark, Energy Innovation Center Institute, Amazon, Clearview Federal Credit Union, Community College of Allegheny County, The Omni William Penn Hotel, Panera Bread, UPMC, and Per Scholas!

Our next Power Up Connections will take place in June. Watch for more details coming soon!

Advocate for New Choices!



New Choices is PA Women Work's flagship program that supports job-seekers on their path to meaningful employment. For the past three decades, we



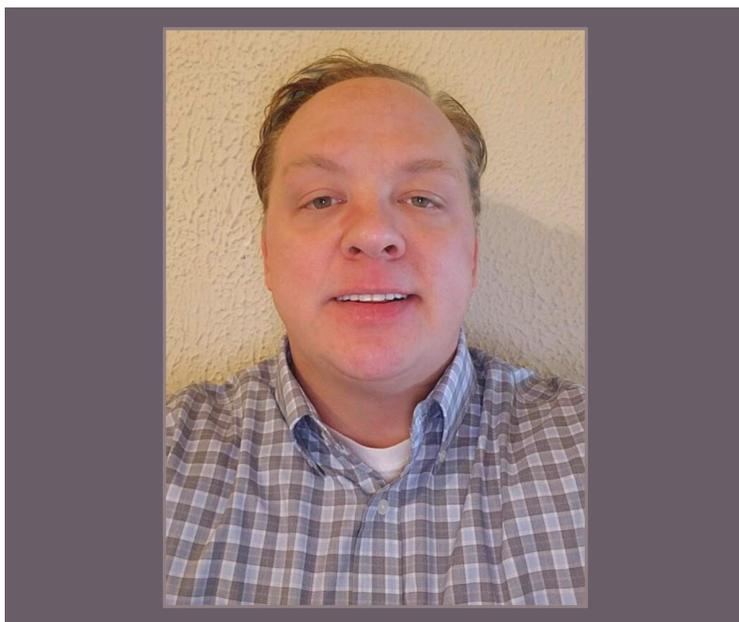
Our second annual Meet and Mingle Breakfast highlighted our dedicated community and the impact of our 3 Cups of Coffee program. On February 29, 2024, we were joined by more than 100 individuals at the LeMont Restaurant to celebrate the power of mentorship through networking, conversation, and inspirational testimonials and stories.

The event began with coffee and mingling, and was followed by lively table discussions led by some outstanding professionals, staff and volunteers.

"The table conversations made me feel comfortable and it was nice to learn from other women," said an event participant. "[It was] truly an inspiration to be surrounded by a group of powerful women!"

Thank you to all who joined us for this energizing and inspiring event!

Paying it Forward: Michael Koskoden



After years of working as a chef, Michael was ready for a new career that offered better work-life balance and challenged him in new ways. He went back to school, earning a bachelor's in economics from the University of

have helped over **71,000 job seekers** with career development, coaching, employer connections, and more.

This program is funded through a line item in the state budget. Each year, we work to ensure our legislators know the impact of New Choices. Please help us ensure this critical program remains available to those unemployed and underemployed and funded at the current million dollar level.

You can help by contacting your local legislators and expressing your support for New Choices. To learn more about how you can help, [email Lizzie Holmes!](#)

Upcoming classes



New Choices

April 8 - 12, M-F
9:30 a.m. - 12:15 p.m.

April 22 - 26, M-F
6 - 8:45 p.m.

May 6 - 10, M-F
9:30 a.m. - 12:15 p.m.

Empowerment in the Workplace

Saturday, March 23, 9 a.m. - 4:30 p.m.
(Registration is full, but a waitlist is available.)

Saturday, June 8, 9 a.m. - 4:30 p.m.

Next Level Career Development

Saturday, April 6 & 13
9 a.m. - 4:30 p.m.

Career Kick-Start

Tuesday, May 21
9 a.m. - 4:30 p.m.
(Registration coming soon!)

Client Support Services

Pittsburgh.

Michael worked with several temp agencies after graduation, but struggled to find meaningful employment that offered him future opportunities and full-time benefits. His sister learned about PA Women Work and urged him to try the 3 Cups of Coffee mentoring program.

Michael connected with PA Women Work staff and was matched with a mentor in BNY Mellon's finance department.

"My mentor, Joel Laudenslager, was no-nonsense and one hundred percent kind," said Michael. "He gave me confidence without telling me to be confident."

Michael was hired as the Lead Analyst in the Middle Office of BNY Mellon where he continues to challenge himself and further grow his career.

"I am so thankful for the opportunity that 3 Cups of Coffee offered," said Michael. "PA Women Work is there for you whether you're unemployed, underemployed, or looking for a career transition."

He stays connected with the PA Women Work community as an active 3 Cups of Coffee mentor, always eager to connect with other professionals and job seekers as they navigate career challenges and obstacles.

[Click here to read Michael's full story.](#)

Thank you to our 3 Cups of Coffee funders for making stories like Michael's possible: Arby's Foundation | Snee-Reinhardt Charitable Foundation | CNX Foundation | J. Jill Compassion Fund | Arconic Foundation | Aerie Real Foundation | United Way Community Impact Grants.

Volunteer Spotlight: Julianna Rohac



Julianna (Anna) Rohac, an Integrated Campaign Coordinator at BNY Mellon, has been an invaluable asset to PA Women Work since September 2023. She participated in December's PowerUp Connections

Already a current or former PA Women Work client? You're eligible to [participate in the following virtual workshops](#) to help continue on your path to success.

A Closer Look

Tuesday, March 19,
10 - 11:30 a.m.

*Expanding Your Circle:
Networking for Success*

Tuesday, April 5,
12 -1 p.m.

Inspire Your Career

PNC Financial Wellness Series

Wednesday, May 8, 10 - 11:15
Your Spending and Savings Plan

Wednesday, May 15, 10 - 11:15
Pay Yourself First

Wednesday, May 22, 10 - 11:15
Credit Reports and Scores

Wednesday, May 29, 10 - 11:15
Home Ownership

[If you're a current client, sign up for the above client services here.](#)

networking event and actively serves on the PA Women Work Volunteer and Ambassador Council.

Introduced to PA Women Work through the 3 Cups of Coffee mentoring program as a mentee, Julianna has consistently demonstrated her commitment to the organization's mission. Having the support of mentorship during her career transition, she is now enthusiastic about contributing to the community that played a pivotal role in her professional journey.

Julianna encourages others to join PA Women Work, praising its mission and the various avenues available for involvement. Whether as a mentor, a member of the volunteer and ambassador council, or a donor, she believes there's a role for everyone.

"I'm a big believer in investing in the community you're in, and having the opportunity to support the community I live in is really important and fulfilling to me," said Julianna.

Julianna's dedication and multifaceted contributions exemplify the spirit of volunteerism that fuels PA Women Work's mission. As a beacon of support and inspiration, her journey showcases the transformative power of giving back to the community.

If you or your organization is interested in volunteering with PA Women Work, [click here](#).

Thank you, funders!



Through their incredible generosity, the **Jefferson Regional Foundation** has played a pivotal role in advancing the reach and impact of the RISE program, specifically extending its support into the vibrant communities of the South Hills. With an unwavering commitment to serving the residents of the South Hills and lower Mon Valley communities where many new Americans reside, the foundation has been a driving force behind the initiative, creating pathways to success for individuals seeking meaningful career opportunities.

The RISE program, championed by the Jefferson Regional Foundation, stands as a beacon of hope for new Americans navigating the complexities of building a career in a foreign land. This program goes above and beyond by offering assistance in credential transfer, guidance through the intricate job application process, and invaluable support in identifying the most fitting career paths.

Thank you, Jefferson Regional Foundation, for your commitment to expanding the RISE program. You have not only facilitated access to opportunities but also paved the way for a more inclusive and diverse community.

Pennsylvania Women Work
5607 Baum Boulevard, Suite 333
Pittsburgh, PA 15206

Phone: 412-742-4362
Email: info@pawomenwork.org
Web: www.pawomenwork.org



Pennsylvania Women Work | 5607 Baum Boulevard, Suite 333, Pittsburgh, PA 15206

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