

# FALL NEW FLASH

*Pennsylvania Women Work*

## Thought Leadership Blog



Imposter Syndrome is when a person believes that their success is not earned or validated. Kristi Lisbon, Sr. Relationship Director, RPO at Aspirant, provides 3 tips to manage these feelings in our most recent thought leadership blog. [Check it out now.](#)

## #ONEDAY thank you!



WOW - this year's **Critical Needs #ONEDAY Campaign** truly surpassed our expectations and it was all thanks to you. Generous

## Join us for Circle of Hope!

*Celebrating 30 years*



**30 years of empowerment; resilience; and community. 30 years of Pennsylvania Women Work.** Join us on October 12 at The Westin Pittsburgh as we celebrate this milestone anniversary at our 22nd Annual Circle of Hope Awards Dinner.

During this celebration, we will come together to honor our clients' successes and achievements and recognize the incredible support of our community, volunteers, employer partners and leaders. The evening will include an awards presentation, silent auction, games and raffles, and opportunities to network and mingle with colleagues and friends.

Over the next few weeks, we will share sneak peek videos from some of our most dedicated and involved volunteers, clients, and staff. Hear their stories and memories about their involvement with PA Women Work as we prepare for this year's celebration. [Check out our very first one from Executive Director, Kristin Ioannou, above!](#)

[Tickets for the event and our Showtime Raffle \(WIN two tickets to see Mrs. Doubtfire at the Benedum Center!\) are on sale now.](#)

community members came together to contribute nearly \$7,000 to help local job-seekers find meaningful and family-sustaining work. Each dollar donated during the Critical Needs Campaign will go even further with a portion matched by The Pittsburgh Foundation.

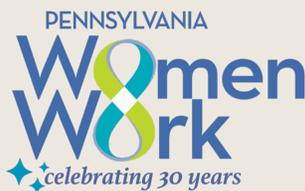
Thank you to all our donors and supporters! Your commitment to our organization helps more women achieve their goals and build a better future.

## Volunteer Opportunities



We need volunteer mock interviewers for our Nov. 3 Career-Kick Start in Murrysville! If interested, email [Liz Gryger](mailto:Liz.Gryger).

## Share your memory!



Want to join in our 30th year celebrations? Take 5 minutes to [share your favorite PA Women Work memory](#) to be featured on our memory wall at this year's Circle of Hope.

## Upcoming classes



Over 20 years ago, Kristin [redacted] began volunteering with PA Women Work. She is now our Executive Director.

## New client networking event is a success



Our first [Power Up Connections](#) networking event was a resounding success! With over 30 employer partners and PA Women Work participants, attendees joined us for casual conversations over coffee, participated in speed networking, took professional headshots, and made critical connections to support their professional growth.

"I left with three great contacts, and received excellent feedback on my resume," said a PA Women Work participant.

Thank you to our employer partners, who helped make this event a success for job-seekers: Arconic, UPMC, Dollar Bank, Motional, Macedonia Family and Community Enrichment Center, Inc., Energy Innovation Center Institute, U. S. Army Corps of Engineers, City of Pittsburgh, Per Scholas, U.S. Navy, Reli / WorkWell, MomsWork, BNY Mellon, and the University of Pittsburgh.

Power Up Connections will continue as a recurring event for our participants to grow their professional networks and further support their continued success. Our next event will take place in December. Watch for more details coming soon!



### New Choices

- September 25-29, M-F; 6 - 8:45 p.m. *Virtual*
- October 2-6, M-F; 9:30 a.m. - 12:15 p.m. *Flex*
- October 16-20, M-F; 6 - 8:45 p.m. *Virtual*

### Communicating for Success

Sat., Oct. 28, 9 a.m. - 4:30 p.m.  
UPMC Health Plan Neighborhood Center  
6401 Penn Ave.  
Pittsburgh, PA 15206

### Career Kick-Start

Fri., Nov. 3, 9:30 a.m. - 4 p.m.  
Murrysville Community Center  
3091 Carson Avenue  
Murrysville, PA 15668  
*Registration available soon*

### Client Support Services

Already a current or former PA Women Work client? You're eligible to [participate in the following virtual workshops](#) to help continue on your path to success.

### A Closer Look

- Tues., Sep. 19, Expanding Your Circle: Networking for Success, 10-11:30 a.m.
- Tues., Oct. 17, An Experienced Candidate: Strategies for Gaining Experience While You Search, 10-11:30 a.m.

### Gathering Place

- Thurs., September 28, 7 - 8 p.m.
- Wed., October 11, 12 - 1 p.m.
- Thurs., October 26, 7 - 8 p.m.

### PNC Financial Wellness Series

- Oct. 18, Your Spending and Savings Plan, 10 - 11:30 a.m.
- Oct. 25, Your Savings, 10 - 11:30 a.m.
- Nov. 1, Borrowing Basics,

## New Choices maintains state funding...thanks to you!



Over the last seven months, volunteers, clients, staff and other community members advocated on our behalf to help us secure funding for our statewide [New Choices](#) program. Last month,

the state approved our program's line item and maintained our funding for the next year.

Thank you to everyone who supported our efforts by calling or emailing legislators, meeting with representatives in person, and spreading the word. Over the last three decades, New Choices has supported more than 70,000 Pennsylvanians with critical career development support. We are proud to continue this important work and are grateful to all our legislators and representatives who see the value in this service!

---

## Getting back to work: *Paula's story*



Getting back in the workforce after taking care of her mother for several years, Paula struggled to find work that met her financial needs and offered benefits.

She was grateful for the time spent with her mother, but she felt discouraged as her job search came up short.

Paula has decades of experience in 401K planning and banking and wasn't expecting it to be this hard.

"I'm over 50 with more than 20 years of experience, so there's a lot of ageism," said Paula. "You get a lot of 'thanks, but no thanks,' even though you clearly meet all the qualifications."

A previous graduate of [New Choices](#), Paula reached back out to PA Women Work and participated in the program again to find assistance with the current barriers she faced to employment.

"Job hunting can be a very lonely experience and can be very discouraging," said Paula. "I signed up again, because I wanted to have a positive job hunting experience rather than doing it on my own."

Paula's New Choices facilitator, Julie Evans, helped her navigate the challenges she was experiencing and

- 10 - 11:30 a.m.
- Nov. 8, Credit Reports and Scores, 10 a.m. - 12 p.m.
- Nov. 15, Shopping for a Mortgage, 10-11:30 a.m.

[If you're a current client, sign up for the above client services here.](#)

## Thank you, funders!



Thank you to our funder, Marinus & Minna B. Koster Foundation, for their dedication to our organization. Their generosity enables our RISE program to provide more refugees and immigrants with free career coaching and job placement assistance. These programs offer our clients individualized support focusing on the specific skills they need to succeed.

## Join our community!

Stay in touch and up-to-date with everything happening at PA Women Work by following us on our social media channels!



**Pennsylvania Women Work**  
5607 Baum Boulevard, Suite 333  
Pittsburgh, PA 15206

Phone: 412-742-4362  
Email: [info@pawomenwork.org](mailto:info@pawomenwork.org)  
Web: [www.pawomenwork.org](http://www.pawomenwork.org)

supported her every step of the way. After completing New Choices this time around, Paula found a job working as a patient advocate coordinator for Envera Health.

"New Choices helps remind you that you are not alone," said Paula. "There are people going through the same thing you are."

To get started on your journey to success, [click here](#).

New Choices is a statewide program, funded by the Department of Labor and Industry. [Check out our Statewide New Choices page](#) to find a site in your area that can help you succeed in your job search.

## Volunteers stuff backpacks for job-seekers



Committed partners and volunteers make our work possible. In August, volunteers from **EQT Corporation** packed 100 backpacks with back-to-school supplies provided by our friends at **CentiMark Corporation**. The backpacks were delivered to clients to help offset their families' burden of back-to-school costs.

We are so thankful for our amazing partners who help us support the working women and families of our region. Thank you CentiMark and EQT for your incredible contributions to our mission.





Pennsylvania Women Work | 5607 Baum Boulevard, Suite 333, Pittsburgh, PA 15206

[Unsubscribe aswalga@pawomenwork.org](mailto:aswalga@pawomenwork.org)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by [info@pawomenwork.org](mailto:info@pawomenwork.org) powered by



Try email marketing for free today!